

Celebrate Every Body!

Jackie Bristow Memorial 5k Run/Walk

Raising awareness of eating disorders and promoting positive body image

Saturday, January 9th 2010

San Dimas Civic Center



Munchkin Mile Start: 8am

5K Start: 8:30am

5K.....	\$30
Munchkin Mile.....	\$13

Pre-Registration Prices:

Pre-registration ends January 3rd

5K.....	\$25
Munchkin Mile.....	\$10

All pre-registrants guaranteed a t-shirt (must be present on race day to receive)

Jackie Bristow grew up in San Dimas. She attended Holy Name of Mary School and St. Lucy's High School.

While at St. Lucy's, Jackie ran cross-country and graduated at the top of her class in 2006. She attended UC Riverside on a full ride academic scholarship.

Tragically, Jackie passed away on January 1, 2008 due to an eating disorder.

She was only 19 years old.

Race Day Festivities!

Caricatures! Pancake Breakfast!

Massage! Face Painting!

Goody Bags! Raffle Prizes!

And More!

Nike merchandise prizes to
top overall/masters finishers!
Medals 3 deep in each age group!

Proceeds benefit NEDA (National Eating Disorder Association) and the St. Lucy's Priory High School Cross Country Program

Register for the race at:
www.runningwithouted.com

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